

BEER SHAVING SOAP by Joy James

Perfect for the man in your life, or for anyone who likes beer and shaving, or perhaps a beer while shaving...

- 348g of very flat beer (it must be very flat or you'll get a volcano when you add the caustic soda)
- 140g caustic soda
- 200g olive oil
- 200g rape seed oil (canola)
- 300g coconut
- 250g palm
- 50g castor oil
- 5g of kaolin clay

Follow the directions for soap making on page 22 of my soap making book opposite, but use flat beer instead of water. Please make sure the beer is very flat though. Add the kaolin clay at trace. You may want to mix it with some olive oil first (taken from the recipe quantity) into an oily cream.

This soap can also be made with water and essential oils or fragrance oils added. The castor oil makes a very creamy bar of soap. The kaolin clay can be left out too if preferred.

Buy the book at www.how2crafts.com

This recipe goes nicely with our soap making book 'Make your own soap' by Joy James - the perfect way to learn how to make soap. It's even designed to fit inside the book - just print this out on card or paper and keep it with your book.



Once you've made this soap, why not share a picture of it on our website. See www.how2crafts.com/contribute for more details