

PAIM-FREE KITCHEN SOAP by Joy James

There is a secret ingredient in this soap that gets rid of the smell of garlic and onions from your hands. Shea butter is added for that little bit of luxury.

- Olive oil 400g
- Coconut oil 300g
- Rice bran oil 130g
- Shea butter 80g
- Mango butter 40g
- Lye 138g
- Water 382g
- Ground coffee 5 -10g
- Fragrance oil/s of choice 30g total (if required)

Follow the directions for soap making on page 22 of my soap making book opposite. Add the fragrance oils and the coffee grinds 'at trace'.

Buy the book at www.how2crafts.com

This recipe goes nicely with our soap making book 'Make your own soap' by Joy James - the perfect way to learn how to make soap. It's even designed to fit inside the book - just print this out on card or paper and keep it with your book.



Once you've made this soap, why not share a picture of it on our website. See www.how2crafts.com/contribute for more details